

FLOCK TALK

Asbury and West United Church

3180 Bathurst Street, Toronto, ON M6A 2A9 Office: 416-783-6503

October 9, 2016

"The Friendly Church"

Edition 148





THE PASTOR'S PEN



Happy Thanksgiving to everyone!

As I sit writing this piece for the Thanksgiving issue of "Flock Talk" I am starting my third week as the minister of Asbury and West. It is very exciting being part of this beautiful church and getting to know everyone. There is a hymn in More Voices that says, "I have called you by your name you are mine" I am thankful there is the custom of wearing name tags. It makes it a little easier to learn your names.

Thanksgiving is a special time of year. A time when we lay aside the events that weigh us down and concentrate on the good in our lives. I am thankful for the warm welcome Rick and I received at Asbury and West. It is good to know that we have the gift of hospitality at our church. Hospitality is one of the seven gifts of the Spirit.

We have a lot to work on at Asbury and West. Our finances and membership need some help. In the days ahead we will set goals and have a strategy to accomplish those goals.

For now, let's be thankful for the good gifts God has put in our lives. I am going to make a list and ask you to join with me in making a list.

My list:

Friends, family, food, grand children, Rick, car, employment, health care system, children, sisters, brother, faith community, sunshine, gardens, cell phone, texts, good health, prayers and much more.

The Alcoholics Anonymous have a slogan: "Let Your Attitude Be Gratitude".

This Thanksgiving season, no matter what is going on in our lives, let's have the attitude of gratitude.

Yours in Kindness and God's Grace.



Rev. Carol McKinley



The choir is back to rehearsing THURSDAY evenings at 7:30pm. Newcomers are welcome.

We are thrilled to have a new Minister to lead Worship with us. Welcome, Rev. Carol.

We've started working with the children on Sunday mornings for the children's hymn and looking to grow that participation into a children's choir.

Get ready for Christmas! Let's show our new Minister what an amazing community we have with a full turn out and tons of support for our Christmas Concert, Saturday, December 10th at 8:00pm. Save the date!

Paolo Busato, Choir Director



HIGHLIGHTS FROM REV. CAROL MCKINLEY'S FIRST SUNDAY AT ASBURY AND WEST UNITED CHURCH



The Search Committee (L-R) Lou Rhoden, Ariadne Reid-Campbell, Phoebe Cleverley, Melissa Nielsen, Lola Pinnock, introduced Rev. Carol to the congregation.



The Chair of Council, Jocelyn Shewalter-Patterson welcomes Rev. Carol on behalf of the congregation.



Rev. Carol receiving a beautiful corsage.



A welcoming hug was shared.



Storytime chair. Remember Rev. Carol's rule – “if you sit in it, you must tell a story”.



Enjoying the wonderful music during the service.



During children's time they were taken on a road trip and introduced to the Choir, and learned a little bit about the Communion Table and the Historical Chairs.



Rev. Carol's benediction blessing.



Rev. Carol and husband Rick.

A delicious spread of food was enjoyed by everyone!





CHRISTIAN EDUCATION MINISTRY

Youth Group

Youth group at Asbury and West is the funniest group of all. From jokes to games, from lessons to teaching, the experiences are irreplaceable. The smiles on the faces are as real as it gets and the laughter is as pure as water flowing from a stream. But what makes it so enjoyable?

We start off with ice breaker games that gets everyone feeling relaxed and loose and ready to get on with the program. Of course we have snacks and drinks because who doesn't love food. Then we settle in to a learning time where we engage the kids completely, choosing topics that they can relate to. The most recent topic was goal setting for the school year. The youth were being assisted to create realistic and attainable goals for the upcoming year. Some of the goals mentioned were to achieve the science honour roll, and to be more participant in class. We then spoke over key strategies that could be used to help them attain their goals. We used key stories from the bible to show that when someone sets out to do something, they stayed focused and committed to completing their goal. Most notably in the bible, Jesus, He knew what He was meant to do and stayed focused on His goal and mission and accomplished everything He set out to do.

We have a lot of future plans for the youth group, such as a potential play, more learning and games, and being a positive spot for kids to attend. As we're now a month into the school year, more consistency is being planned for the youth group and much more exciting things are on the way! Next meeting will be October 30th at 11:45am!

Jonathan Francis, Youth Group Co-Lead

DID YOU KNOW?



Hugging is healthy. It helps the body's immune system. It keeps you healthier. It cures depression. It reduces stress. It induces sleep. It has no unpleasant side effects. Hugging is nothing less than a MICRACLE CURE.

Hugging is all-natural, it's organic, naturally sweet. It has no pesticides, no preservatives, no artificial ingredients and it is 100% wholesome.

Hugging is practically perfect. There are no movable parts, no batteries to wear out, no periodic check-up are required. Hugs are low energy consumption, high-energy yielding, inflation proof and non-fattening. Hugs required no monthly payments and no insurance premiums. They are non-taxable, theft proof, non-polluting and of course, fully returnable at any time.

**HUGS ARE GOOD FOR YOU AND FOR ME!
HUG SOMEONE RIGHT NOW.**

Submitted by Glenda McBroom



MEMBERSHIP AND PASTORAL CARE MINISTRY

We continue to be in touch with all our members. Our goal is to reach out to every member and nonmembers alike. We are encouraging all who enter our church doors to become members of the church. This Ministry reaches out to people who are absent or missing, temporarily under the weather or have had an accident. We are also the folks that initiate phone calls to the church membership to ensure the news travels fast when something important needs to be communicated. Our meetings are held approximately six times a year.

The members of the Membership and Pastoral Care Ministry are Melvyn and Shirley Beckles, Phoebe Cleverley, Lucille Hunt, Janiss Johnson, Yvonne Lampkin, Lynsia Panthaki (Secretary), and Ianthe Spencer (Chair). We welcome our Minister Rev. Carol McKinley.

We would welcome anyone who would like to join this Ministry. Please speak to any one of us.

Care Link

The Care Link committee is busy at work looking after our Home Members. These are the members of our church who are unable to get out to church regularly or not at all.

The committee meet once a month, we visit, send greeting cards and make telephone calls. Cards, flowers and Flock Talk are delivered to celebrate the Christmas and Easter season. Communion will be given to those who require same. If you know anyone requiring this caring service, please speak to Rev. Carol.

The members of Care Link are Melvyn Beckles, Lucille Hunt, Sheila Mascoll, Lou Rhoden, Ianthe Spencer and our Minister is always present.

*Ianthe Spencer
Chair*



IRENE TUCK

(February 1, 1925 - September 24, 2016)

A wreath placed in memory of Irene Tuck by her grand, great-grand and great-great grandchildren mixed with a bouquet of memorial flowers, sits beside "The Good Shepherd" stained glass window. The window was placed in memory of her husband, Lee Tuck, (October 12, 1925 - November 21, 1990). A plaque sits in front of the window bearing Irene's favourite scripture verse, "I can do all things through him who strengthens me".

Irene was a long standing faithful member of the church. We are grateful for the gifts she gave to Asbury and West, in particular her leadership in the UCW, and for her living example of her service to God.





"Sharing the Gifts We Have Been Given"

STEWARDSHIP MINISTRY

Every fall, Stewardship runs a Pledge Campaign to ask you to help support our programs and expenses in the following year. Your support is vital in keeping the church property properly maintained, to pay our staff, and to give us all the opportunity to participate in programs and activities throughout the year. As a church we are also asked to reach out to the community in which we serve, and to world missions.

The 2017 Pledge Campaign will begin on Sunday, October 23 at which time you will receive your Pledge Package. In this package will be the forms you need to make your pledge for the

coming year. We hope you will prayerfully consider what you can do to support the worship and work of Asbury and West United Church.

We appreciate all the support you have given in the past. We have faced many challenges and survived. And we have celebrated the good times. With your continuing support and with God's help, we are excited to step into a future filled with the joy of worshipping, working and serving together. Thank you!

We would also like to acknowledge the following fundraising events that recently took place and thank those who organized them – Hymn Sing (Council), the Yard Sale (Yard Sale Committee), the Stationary Cruise (UCW/Council), the Rev. Douglas McKenzie Memorial Walk (Christian Education) and the Thanksgiving Dinner (Council). If you would like to organize a fundraiser, please let us know.

Attention - Coming soon to a church near to your heart - a Halloween Movie Matinee (see below)! Hope to see you there.

Blessings,
Stewardship Ministry

We are also collecting Canadian Tire money to assist with future purchases. Please consider this form of donation to your church.



LOONIE BIN = COPPER KETTLE

Please drop your change in the big copper kettle. Folding money also accepted. We have collected \$220 in the Copper Kettle since the beginning of 2016.



The walk-up Sunday brought in \$92.45.

Thank you for your support!

ARE YOU ON P.A.R.?
Have you thought about making your church donation by P.A.R. (Pre-Authorized Remittance)? Through PAR, automatic monthly withdrawals are made from your bank account. PAR is easy to set up and can be adjusted at any time should your circumstances change. If you are already on PAR, don't forget that you can increase your donation anytime. Simply speak to Cheryl Holliday, in confidence, about the process.

Thank you for your support!

FUNDRAISER EVENT

MOVIE
Saturday Matinee

ADMIT ONE
To be Announced

Rated PG
Showtime: Saturday October 29
Doors open: 1:15pm Movie starts: 1:30pm

Prize for best Halloween costume.
Draw tickets and guessing games too!
\$10 Includes admission, drink & popcorn.
All proceeds will go to benefit church programs.

Thankful

No matter how good or bad you think life is, wake up each day and be --- **thankful for life.** Someone somewhere else is fighting to survive.

GIVE THANKS
in all circumstances; for this is the will of God in Christ Jesus for you
1 Thessalonians 5:18



What if you woke UP **TODAY** with only the things that you thanked **God** for yesterday?

NOT WHAT WE SAY ABOUT OUR **BLESSINGS** BUT HOW WE USE THEM, IS THE TRUE MEASURE OF OUR **THANKSGIVING**

WE MAKE A **LIVING** BY **WHAT WE GET,** BUT WE MAKE A **LIFE** BY **WHAT WE GIVE.**
-WINSTON CHURCHILL

the more you thank life, the more life gives you to be thankful for.

Give THANKS to the Lord for He is good; His love endures forever.

-1 Chronicles 16:34

Don't think of the things you didn't get after *praying.* Think of the countless blessings God gave you without *asking.*

In everything give thanks; for this is the will of God in Christ Jesus for you.

Wake up every morning being thankful for the **Gift of Life** with the thought that something wonderful is about to happen.

A **Grateful HEART** IS A **HAPPY HEART**

Happiness isn't about getting what you want all the time. It's about loving what you have and being grateful for it.

What are YOU Thankful For?
health home family friends food

THERE IS *always* something for which to be **Thankful**

Blessings
COUNT THEM ONE BY ONE

WOMEN'S MINISTRY



Thank you for your donations of toiletries that will be delivered shortly to the North York Women's Shelter. The wonderful array of items and food made for a beautiful Thanksgiving display.

Mark your calendars!! The Annual Christmas Pot Luck Dinner will be held on Saturday, December 3. Watch your bulletins for future announcements and details.

Cheryl Holliday
Chair, Women's Ministries

Psalm 107:1
"Oh, give thanks to the Lord, He is good; For His lovingkindness is everlasting."

SHARING WITH THOSE LESS FORTUNATE

When you give to the benevolent fund, part of it is used to purchase gift cards from Loblaw's. Approximately \$800.00 has been distributed so far this year.

We currently have about 10 people that receive the cards. We also have the huge box for the food donations and our clients can take their choice from the box. For some this is the only assistance they receive.

When they come into the church I take their name (first name only) and record the amount of the cards that they got and the date. We specify that they can come once a month, and most are very good about this. They are so very thankful. The cards we offer have a value of \$10 each and this is used mostly for milk, bread, margarine and sometimes fresh fruit. Although we usually only give \$10 at each visit, over time I have gotten to know the clients and some get an extra card according to their need.

One family that comes, the son is now over 18 years but he is bi-polar and autistic. He has now reached the point where he becomes violent and the family never knows which personality is going

to greet them on any day. Due to this, the father who is an engineer has had to quit work and the mother has returned to work. This puts them in a very difficult money predicament. Or the Grandma that has taken over the responsibility of raising her two grandkids as their mother is nowhere to be found.

All our clients are very thankful for the assistance they receive and although you hear many stories of people taking advantage, that is not the case here. Although I find it difficult at times, I do remind them that others need our help too.

Please remember when bringing food for the "box" that huge cans or boxes of food are not required. Those large cans of pasta sauce don't have a long life after the can has been opened!

At Thanksgiving and Christmas, they have been invited to our congregational dinner, some take advantage of this invite and some don't. It's a pride thing. This year a very generous member of our congregation has given me a supply of Tim Horton's gift cards to go with their food card.

Cate Billinger
Office Administrator

CHURCH COUNCIL



WHAT ARE YOU THANKFUL FOR?

On Saturday October 1, while attending the Thanksgiving Fundraising Dinner sponsored by Council, the members of the congregation answered the question as follows:

- time spent with family, friends, parents, babies, children, sisters, brothers, grandchildren, great grandchildren, blond & red hair, Girl Guides
- good food, French fries, muffins, Girl Guide cookies, Ontario farmers and fresh food, being here for the dinner
- blue skies, wind, rain, snow, seasons, flowers, trees, fresh water, clean air, birds, animals, nature, earth, everything in the world, universe
- roof over my head, warm house to live in, shelters, car, job, good things in Canada
- teachers, teaching and learning, doctors, police officers and fire fighters who keep us safe, law & order, CAA
- health & strength, life, freedom, laughter and happiness, to be alive
- church family, our new minister Rev Carol & Rick, love from others, everyone in the room, unity, gathering, joy of fellowship, the caring we may give, mercy, forgiveness, bible, The Lord God.

I add to this list the hard work of the members of Council and to everyone who supported our fundraising dinner. We raised \$1,244.00. CONGRATULATIONS!!

We are truly blessed and have much to be thankful for as we continue our journey together to build a strong future for Asbury and West United Church.

Blessings,
Jocelyn Shewalter-Patterson
 Council Chair





CHRISTIAN EDUCATION MINISTRY

Sunday School

Classes have started up again for a new year of learning and fun activities. We have already made our Christmas cards for Noemy, and gone on a scavenger hunt/walk to the park and back. We also made welcome cards for Rev. Carol which are displayed on her office door. Lessons have begun, starting with the Creation story, using our beautiful flannel board.

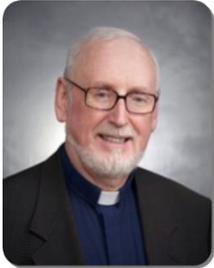


Thank you to the many volunteers who taught one or more Sundays during the summer. Our KidsFor Christ:Summer Edition (KFC:SE) was once again a huge success.

Now that Thanksgiving has passed - we hope you liked our refreshments - Christmas planning and preparations are underway. Watch future bulletins for what is happening over the Christmas season and where you and the children can participate.

Sunday School meets after the Learning Time in the service, upstairs in the Upper Room, for ages toddler to 12+.

*Cheryl Holliday
Chair*



THE REV. DOUGLAS MCKENZIE MEMORIAL WALK

On beautiful sunny Sunday, September 18th, 12 walkers ventured out on a route familiar to many in our church family – the streets to the north and west of the church that surround the park. We were happy once again to have Heather, Scott and Peter McKenzie join us. A big thank you goes to Jocelyn Shewalter-Patterson and

Sylvia Shewalter-Nielsen who donated and served a delicious lunch, complete with harvest decorations!

Thanks to you, and that of many outside our church walls, we raised \$1,985.00!! Part of this will go towards our commitment to Noemy, our foster child through World Vision, and the rest to the church to be used where needed.

We look forward to an even bigger event next year!



*Cheryl Holliday
Chair, Christian Education*



GAMES PLUS MORE



Word Search

T Y B R E T S N O M J L Q Q F
 P A D L K W D L Q I H Q N O N
 U G E N A R O J X W D C R E K
 M Q H R A C L T Z Q Q Y E Q K
 P M F O T C K M C S R W T A Y
 K C V O U R L C L Q O C N G C
 I U H Z M L O C A L K Q A N C
 N M U M M Y O K L T T D L T O
 N J A A A S J A C R H W O S C
 Y H Q W T U H X W I H A K O T
 U A K U I F N U Y C R J C H E
 S R M T V T U V T H O T A G C
 C E K R U G L I F I O X J Z A
 R C W C O P W S K E L E T O N
 I X O L I N C W H M E B L S L

- Black-cat
- Candy
- Costume
- Ghost
- Ghoul
- Halloween
- Jack-o-lantern
- Monster
- Mummy
- Pumpkin
- Skeleton
- Witch
- Trick-or-treat



Find 10 Differences





The Young at Heart Seniors met to set their fall schedule. The exciting plans include:

- ❖ Sept 29 - Bus trip to St. Jacobs Market (Enjoyed by everyone!!)
- ❖ Oct 13 - Thanksgiving Pot Luck Lunch with guest speaker Rev Carol McKinley
- ❖ Oct 27 - Game Day and Lunch
- ❖ Nov 19 - Remembrance Day Movie
- ❖ Nov 24 - Speaker (to be announced)
- ❖ Dec 8 - Christmas Pot Luck Lunch and Music with George Heldt

The members of the congregation are asked to join us and bring their friends. Meeting are Thursdays from 11am to 2pm.



*Melvyn and Shirley Beckles
Group Contacts*



Thanksgiving is a time to share love, gifts, and talents. This thanksgiving, I am thankful for the opportunity to have shared some of my talents in the church community. It was a pleasure to have worked with Cate Billinger (church administrator) over the last two years designing and preparing the church calendar.

Volunteering for the church helped me grow as an individual. I learned how to balance school work and extra-curricular activities with other duties, I gained organizational and time management skills, and I developed work related experience as well.

Volunteering is very rewarding and can truly benefit your community at large. I encourage youth to get out there and search for volunteer opportunities. It's not just about accumulating "40 community service hours" for school. It's also about positively contributing and giving back some of the talents God has given you. After all, giving back is what should matter the most!

Again, thank you Cate Billinger and Asbury and West United church for the rewarding opportunity to "give back" to my community.

*Hailey Mascoll
(Granddaughter of Sheila Mascoll)*



PROPERTY MINISTRY

Maintenance: The building continues to work well with our custodian, Alvaro, doing an exceptional job.

Focus Fire annual Ontario Fire Code Compliance test is coming up for inspection at the end of October and Kool-Aid will be in to service filters. Alvaro continues to replace light bulbs in the Day Care and an account has been opened with SESCO Lighting for light bulbs.

There was a power failure in the elevator recently and Alvaro quickly called for service. Although a bit of an inconvenience for some members, the elevator was back in service before church service was finished.

We are very grateful to Alan McKenzie for looking after the broken window located outside of the Upper Room. The order has been placed and the replacement window will be installed as soon as possible. Alan is working on the insurance claim regarding our \$1,000 deductible and HST details.

Keystone Security: A review is underway regarding whom should be called in case of an emergency alarm in the middle of the night. The concern for members' safety while alone in the

building has prompted a suggestion to consider hire a security guard when necessary.

Damage to Wall: Scotch tape pulls off the paint. Please use only masking tape when putting anything on the wall (or glass). A supply can be found in the work room.

Tenant Relations: Everything is going well with both tenants. Forest Hill Montessori School uses the Upper Room at least once per week for activity of the kids. A fee of \$25 per use is invoiced to them. Immanuel Korean Church license is from year to year and is the responsibility of the Trustees. Yvonne Wright and Alan McKenzie met with Pastor Park and his son recently. In light of their financial situation it was decided to ask them to do some work around the church in lieu of a rent increase. Additional members will also be trained on the building security procedures.

Casual Rentals: Cate Billinger, our Office Administrator, continues to do a great deal of the bookings for members in the community.

The Summer Master Opera Class continues to use the building and someone in their group has been trained to lock-up and set the alarm.

We are booked to the end of the year, however, we are still in need of volunteers for supervision. Perhaps consider helping you church in this way.

*Yvonne Wright & Clayton Johnson
Co-Chairs*

"Thank You" to our Sponsors

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Your Supermarket with a heart!

Lawrence Square, 700 Lawrence Ave. W.

**UNITED BAKERS
DAIRY RESTAURANT**
YOUR BASIC FAMILY RESTAURANT
506 Lawrence Ave. W.



Tim Hortons

3090 Bathurst Street

THANK YOU TO OUR SPONSORS

We are grateful to our generous sponsors who provided assistance for our Thanksgiving Dinner. Please be sure to patronize these business as a sign of your appreciation.

Fortino's, Lawrence Square

Tim Horton's, Lawrence Plaza

United Bakery and Dairy Restaurant, Lawrence Plaza



Calendar of Events



October

- October 13 - Seniors Thanksgiving Pot Luck Lunch with guest speaker Rev Carol McKinley
- October 16 - Rev. Carol's Covenanting Service 10:30am
- October 23 - Pledge Campaign begins
- October 27 - Seniors game day and lunch
- October 29 - Fundraiser Movie Matinee, 1:30pm – come dressed up for Halloween
- October 30 - Youth Group, after church
- October 31 - Halloween...Mwahahaha!!!!!!

November

- November 1 - All Saints' Day
- November 2 - All Souls' Day
- November 5 - Remember...put your clocks back 1 hour
- November 11 - Remembrance Day
- November 19 - Seniors Remembrance Day movie
- November 24 - Seniors guest speaker (TBA)
- November 26 - Christmas Bazaar, 9-3pm
- November 27 - First Sunday of Advent

December

- December 3 - Congregational Christmas Pot Luck Dinner, 6pm
- December 8 - Seniors Christmas Pot Luck Lunch and music with George Heldt
- December 10 - Fundraising Christmas Concert, 8:00pm
- December 24 - Christmas Eve Communion Service, 7:30pm
- December 25 - Christmas Day, 10:30am service
- December 31 - New Year's Eve



MINISTRY GROUPS and COMMITTEES

COMMUNICATIONS
Chair: Vacancy

CHRISTIAN EDUCATION
Chair: Cheryl Holliday
Council Rep: Kim Davidson

HOSPITALITY
Chair: Lou Rhoden

HUMAN RESOURCES
Chair: Lola Pinnock

**MEMBERSHIP AND
PASTORAL CARE**
Chair: Ianthe Spencer

PROPERTY
Co-Chairs: Yvonne Wright &
Clayton Johnson

STEWARDSHIP
Co-Chairs: Phoebe Cleverley &
Alan McKenzie

**WORSHIP, SACRAMENT
AND MUSIC**
Chair: Sylvia Shewalter-Nielsen

WOMEN'S MINISTRY
Chair: Cheryl Holliday

MEMORIAL Committee
Cheryl Holliday, David Tuck

**PRESBYTERY
REPRESENTATIVE**
Vacancy

**CONGREGATIONAL
REPRESENTATIVE**
Dorian Taylor

Council Chair:
Jocelyn Shewalter-Patterson

Remembrance Day

11 NOVEMBER

In Flanders Fields

poem by Lieutenant Colonel John McCrae, 3 May 1915

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie,
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.

lest we forget

Asbury and West United Church

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Sylvia Shewalter-Nielsen (905-770-7457)

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Have you taken a few minutes in the past week to pray for members of our congregation who are in poor health, or who are unable to get out? Take a minute to phone one or two, or call to make some personal visits, or send out a couple of cards just to let them know we care about them. Please let the church office know if we have forgotten any one.

HOME MEMBERS

Cecil Anderson

Myra Badley

Fredrica Cameron

Bea Cares

Betty Enta

Mildred Franklin

Evelyn Lyon

Helen Smith

Fred Sunahara



NEXT DEADLINE – December 4, 2016

Next Edition – Christmas Sunday, December 18, 2016



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